



HOT TRENDS UP & COMERS



CRAFT BEER MICROBREWS

ALGAE (e.g. seaweed)



FOOD SMOKING

2



PICKLING

3

ARTISAN/HOUSE-MADE

ICE CREAM

HOUSE-MADE CONDIMENTS/SAUCES

4

IMPERFECT/UGLY PRODUCE

SUSTAINABLE SEAFOOD

5

ANCIENT GRAINS

(e.g. kamut, spelt, amaranth, freekeh, lupin)

GLUTEN-FREE AND FOOD ALLERGY CONSCIOUS 6

DRINKABLE DESSERTS

FERMENTING

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ETHNIC CHEESES

(e.g., queso fresco, paneer, lebneh, halloumi)

DARK LEAFY GREENS

(e.g. kale, Swiss chard, mustard greens, collard greens, beet greens)

8

NEW CUTS OF MEAT

(e.g. shoulder tender, oyster steak, Vegas Strip steak, Merlot cut)

SOUS VIDE

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GOURMET LEMONADE

(e.g. made in-house, freshly muddled)

LOCALLY SOURCED FOODS

(locavore)

SPECIALTY ICED TEA

(e.g. Thai-style, Southern/sweet, flavoured)

WITH SUPPORT FROM:



More than 430 professional chefs participated in Restaurants Canada's ninth annual Canadian Chef Survey, conducted in January 2018. Members of the Canadian Culinary Federation, Terroir and Restaurants Canada participated in the survey. For more information, please go to **restaurantscanada.org.**

 ${\tt RESEARCH\,BY:}$

