

## Fiftieth Anniversary Edition

*"This book is a Rosetta Stone for anyone who wonders what the 60s were about. It is a talisman for those of us who came of age in that era, for whom 1969 will remain an incandescent moment for all our life. Atkinson explores not just specific events, but the powerful patterns that connect them."*

—**Larry Dossey, MD**, author of *The Extraordinary Healing Power of Ordinary Things* and *Healing Words*

*"... a real autobiography in that it is the story of a soul. It tells of incursions of the timeless and the magical as a sensitive life unfolds. I found it profound, friendly, inspiring, and nostalgic."*

—**Thomas Moore**, author of *Care of the Soul* and *A Life at Work*

*"Intelligent, witty, and charming, this spiritual memoir can be read not only for pleasure but also for profit as a book about transformation and the demands of changing times."*

—Professor **Suheil Bushrui**, author of *The Essential Gibran* and *The World's Favorite Love Poems*

Published for the occasion of the fiftieth anniversary of the year it commemorates, Robert Atkinson's *Year of Living Deeply: A Memoir of 1969* is a thoughtful and rewarding journey that is equal parts inward and universal. Atkinson reflects on a year that shaped a generation and invites us into his own spiritual search as he contemplates the lunar landing, attends Woodstock, and sails on the maiden voyage of the Hudson River sloop *Clearwater*. Along the way, he crosses paths with such luminaries as Pete Seeger, Arlo Guthrie, Ramblin' Jack Elliot, and author Joseph Campbell. Each one becomes a mentor, helping Atkinson to uncover timeless patterns as they unfold in his life, linking his own story with the stories of countless others. The result is a soulful, meditative memoir full of generous and spiritual insight.

*Robert Atkinson, Ph.D., author, educator, and developmental psychologist, has published nine books, including the 2017 Nautilus Book Award winner *The Story of Our Time: From Duality to Interconnectedness to Oneness* and *Mystic Journey: Getting to the Heart of Your Soul's Story* (2012). He is an internationally recognized authority on life story interviewing, a pioneer in the techniques of personal mythmaking and soul-making, a member of the Evolutionary Leaders Circle, professor emeritus at the University of Southern Maine, and director of StoryCommons.*



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Year of Living Deeply A Memoir of 1969

Robert Atkinson

**Robert Atkinson**

# Year of Living Deeply

A Memoir of 1969

