

University and College 100% Smoke-Free Campuses in Canada:

NATIONAL STATUS REPORT



Canadian Cancer Society
Société canadienne du cancer

September 14, 2018



University and College 100% Smoke-Free Campuses

Background and rationale

In Canada, there is tremendous momentum towards making campuses 100% smoke-free, including outdoors, with at least 65 universities and colleges adopting such a policy, and more in the process of doing so. In the U.S. the trend is even further ahead, with more than 2000 campus sites that are 100% smoke-free (the U.S. listing is found [here](#)). Policies for 100% smoke-free campuses not only provide protection from second-hand smoke, but also discourage tobacco use among youth. The legalization of cannabis provides a timely opportunity for institutions to review and enhance existing campus smoking policies. Cannabis legalization will pose a challenge for campuses that are not 100% smoke-free, and provides further rationale for adoption of a comprehensive smoke-free policy.

A comprehensive 100% smoke-free campus policy

A comprehensive smoke-free policy should apply to smoking of anything (including cannabis and herbal water pipe smoking), as well as use of e-cigarettes or any tobacco product. A comprehensive smoke-free policy does not have designated smoking areas and ensures that the campus is 100% smoke-free. Examples of institutions that have adopted such a comprehensive policy include McMaster University, University of Regina, Saint Mary's University and Langara College.

Benefits of a 100% smoke-free campus

Benefits include:

- Providing a healthier environment for everyone on campus.
- Providing a cleaner campus with reduced litter.
- Reducing cost for cleaning up cigarette butts.
- Discouraging tobacco use among young people.
- Providing health leadership within the community.

Model Policies

Below are links to model comprehensive smoke-free policies from various institutions in Canada:

- [McMaster University, Hamilton](#)
- [University of Regina, Regina](#)
- [Saint Mary's University, Halifax](#)
- [Langara College, Vancouver](#)

Universities/Colleges with 100 % Smoke-free Campuses

There are now at least 65 universities and colleges in Canada with 100% smoke-free campuses, including outdoors.

- 44 (68%) of these institutions prohibit smoking of cannabis on campus.
- 45 (69%) of these institutions prohibit use of any tobacco product on campus.
- 43 (66%) of these institutions prohibit any water pipe smoking (hookah) on campus.
- 53 (82%) of these institutions prohibit vaping or the use of e-cigarettes on campus.

The following list includes colleges and universities that are 100% smoke-free indoors and outdoors, and indicates the implementation date where available. Additional coverage in campus policies in the following list is coded as follows:

- C: Smoking cannabis prohibited anywhere on campus.
- T: Tobacco use prohibited anywhere on campus.
- H: Hookah (water pipe) smoking prohibited anywhere on campus.
- E: E-cigarette use/vaping prohibited anywhere on campus.

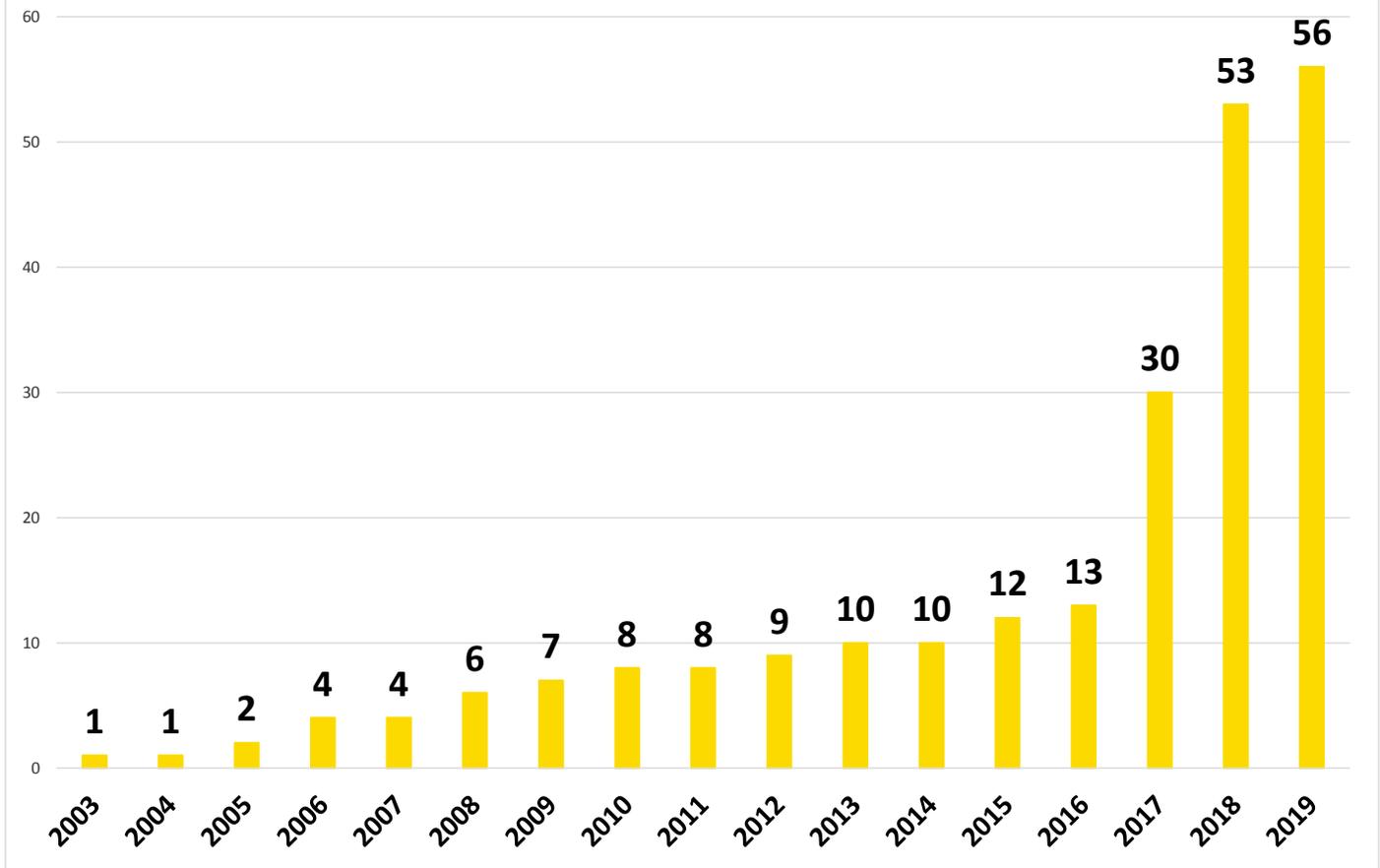
| No. | University / College | Additional Coverage | Policy |
|-------------------------|---|---------------------|---|
| British Columbia | | | |
| 1 | Kwantlen Polytechnic University (Surrey, Richmond, Langley, Cloverdale, Jan. 21, 2018) | C, H, E |  |
| 2 | Langara College (Vancouver, May 1, 2018) | C, T, H, E |  |
| 3 | Douglas College (New Westminster, Sept. 1, 2018) * | C, T, H, E |  |
| 4 | University of the Fraser Valley (Abbotsford, Chilliwack, Mission, Hope, Oct. 1, 2018) | C, H, E |  |
| 5 | Trinity Western University (Langley, Richmond) | T, E |  |
| Alberta | | | |
| 6 | The King's University (Edmonton, July 1, 2005) | |  |
| 7 | Burman University (Lacombe, Mar. 4, 2009) | C, T, H, E |  |
| 8 | NorQuest College (Edmonton, Jan. 1, 2015) | E |  |
| 9 | Northern Alberta Institute of Technology (Edmonton, St. Albert, May 1, 2015) | C, T, H, E |  |
| 10 | Bow Valley College (Calgary, Mar. 13, 2018) | C, H, E |  |
| 11 | Concordia University of Edmonton (Edmonton, Sept. 1, 2018) | C, T, H, E |  |
| 12 | Ambrose University (Calgary, Sept. 1, 2018) | C, T, H, E |  |
| Saskatchewan | | | |
| 13 | University of Regina (Regina, Aug. 1, 2018) | C, T, H, E |  |
| 14 | Carlton Trail Regional College (Humboldt, Watrous, Wynyard) | C, T, H, E |  |
| 15 | Millar College (Pambrun, SK; Sunnybrae, BC) | |  |
| Manitoba | | | |
| 16 | University of Manitoba, Bannatyne Campus (Winnipeg Apr. 25, 2006) | |  |

| | | | |
|----------------|--|------------|---|
| 17 | University of Winnipeg (Winnipeg, Sept. 1, 2008) | C, H, E |  |
| 18 | Providence College (Otterburne) | T, E |  |
| Ontario | | | |
| 19 | McMaster University (Hamilton, Jan. 1, 2018) | C, T, H, E |  |
| 20 | George Brown College (Toronto, Aug. 20, 2018) | C, H, E |  |
| 21 | Redeemer University College (Hamilton, Sept. 1, 2018) | C, T, H, E |  |
| 22 | Western University (London, July 1, 2019) * | C, H, E |  |
| Quebec | | | |
| 23 | Ahuntsic College (Montreal, Nov. 29, 2017) | C, T, H, E |  |
| 24 | Bart College (Quebec City) | C |  |
| 25 | Cégep André-Laurendeau (Montreal, Apr. 1, 2018) | C, T, H, E |  |
| 26 | Cégep Beauce-Appalaches (Saint-Georges, Nov. 26, 2017) | C, T, H, E |  |
| 27 | Cégep de Drummondville (Drummondville, Nov. 28, 2017) | C, T, H, E |  |
| 28 | Cégep de l'Abitibi-Témiscamingue (Rouyn-Noranda, Jan. 1, 2018) | C, T, H, E |  |
| 29 | Cégep de Matane (Matane, Jan. 1, 2019) | T, E |  |
| 30 | Cégep de la Gaspésie et des Îles (Gaspé, Jan. 30, 2018) | C, E |  |
| 31 | Cégep de l'Outaouais (Gatineau, Nov. 28, 2017) | C, T, H, E |  |
| 32 | Cégep de Rimouski (Rimouski, Aug. 13, 2018) | C, T, H, E |  |
| 33 | Cégep de Rivière-du-Loup (Rivière-du-Loup, Sept. 25, 2017) | |  |
| 34 | Cégep de Sainte-Foy (Quebec City, Aug. 1, 2018) | C, T, H, E |  |
| 35 | Cégep de Saint-Jérôme (Saint-Jérôme and Mont-Tremblant campuses, Nov. 28, 2017) | C, T, H, E |  |
| 36 | Cégep de Sherbrooke (Sherbrooke, Aug. 21, 2018) | C, T, H, E |  |
| 37 | Cégep de Sorel-Tracy (Sorel-Tracy, Nov. 28, 2017) | C, T, H, E |  |
| 38 | Cégep de Trois-Rivières (Trois-Rivières, Aug. 13, 2018) | C, T, H, E |  |
| 39 | Cégep de Victoriaville (Victoriaville, June 11, 2018) | C, T, H, E |  |
| 40 | Cégep du Vieux Montréal (Montreal, Jan. 1, 2019) | T, E |  |
| 41 | Cégep Édouard-Montpetit (Longueuil, Aug. 22, 2017) | C, T, H, E |  |
| 42 | Cégep Garneau (Quebec City, May 9, 2017) | T, E |  |
| 43 | Cégep Limoilou (Quebec City, Nov. 28, 2017) | C, T, H, E |  |
| 44 | Cégep régional de Lanaudière (Repentigny, Terrebonne, Joliette, L'Assomption, Feb. 20, 2018) | C, T, H, E |  |
| 45 | Cégep Saint-Laurent (Montreal, Nov. 30, 2017) | C, T, E |  |
| 46 | Champlain Regional College, Saint-Lambert Campus and St. Lawrence Campus (Saint Lambert, July 1, 2017 and Quebec City, Oct. 27, 2017) | C, T, H, E |  |

| | | | |
|----------------------------------|--|------------|---|
| 47 | Collégial International Sainte-Anne (Lachine, Dec. 19, 2017) | T, E |  |
| 48 | College of Maisonneuve (Montreal, Jan. 1, 2018) | C, T, H, E |  |
| 49 | College of Rosemont (Montreal, July 1, 2017) | T, H, E |  |
| 50 | College Jean-de-Brébeuf (Montreal) | | |
| 51 | Dawson College (Montreal, July 1, 2018) | C, T, H, E |  |
| 52 | John Abbott College (Sainte-Anne-de-Bellevue, Dec. 31, 2021) | C, T, H, E |  |
| 53 | Vanier College (Montreal, Aug. 13, 2018) | C, T, H, E |  |
| New Brunswick | | | |
| 54 | Collège communautaire du Nouveau-Brunswick, Edmundston campus (Edmundston, Sept. 5, 2017) * | |  |
| 55 | Kingswood University (Sussex) | C, T, E |  |
| Nova Scotia | | | |
| 56 | Dalhousie University (Halifax, Sept. 1, 2003) | |  |
| 57 | Acadia University (Wolfville, July 1, 2006) | T |  |
| 58 | University of King's College (Halifax, Aug. 1, 2016) | H, E |  |
| 59 | Saint Mary's University (Halifax, Sept. 1, 2017) | C, T, H, E |  |
| Prince Edward Island | | | |
| 60 | Holland College (13 locations across Prince Edward Island, Nov. 28, 2012) | C, T, H, E |  |
| 61 | University of Prince Edward Island (Charlottetown, Sept. 1, 2017) | H, E |  |
| 62 | Maritime Christian College (Charlottetown) | C, T, H, E |  |
| Newfoundland and Labrador | | | |
| 63 | College of the North Atlantic (17 locations across Newfoundland and Labrador, Sept. 1, 2010) | |  |
| 64 | Memorial University of Newfoundland (with several campuses in Newfoundland & Labrador, Aug. 1, 2013) | |  |
| Yukon | | | |
| 65 | Yukon College (Whitehorse; pursuant to territorial legislation, May 15, 2008) | T |  |

* Where an institution policy is not accessible, a link to a news release or other similar information has been provided.

Number of 100% Smoke-Free University/College Campuses in Canada



Note: The graph does not include 8 institutions where the implementation date has not been ascertained, nor one institution with an implementation date in 2021.

Notes

- The list of institutions with 100% smoke-free policies is based on information available as of Sep. 11, 2018. As this area is quickly evolving, there may be other institutions that could be added to the list.
- The date on the list refers to the initial implementation date for the 100% smoke-free policy. Policies may have been extended at a later date to include cannabis, tobacco, hookah (water pipe) and/or e-cigarettes. Many policies, especially more recent policies, covered all these categories from the initial implementation date.
- The term “additional coverage” refers to university/college policies that explicitly state that cannabis, tobacco, hookah (water pipe) and/or e-cigarettes are covered by each policy. If a policy merely indicates that “smoking” is banned on campus, this was interpreted as exclusively applying to smoking cigarettes and did not apply to smoking cannabis or hookah (water pipe). However, in practice, some institutions may apply the ban on “smoking” as referring to a ban on smoking of anything.
- Cégeps (Collège d’enseignement général et professionnel, or General and Vocation College) in Quebec are the equivalent to grade 12 and first year university/college in the rest of Canada.
- There are about 260 universities and colleges in Canada, including about 95 universities and 165 colleges. The 165 colleges includes about 70 public and private Cégeps/colleges in Quebec.
- The list does not include a very small number of post-secondary institutions that are either completely online or located entirely on upper floors of a building, given that these institutions do not have outdoor areas.
- To date there is one province/territory, the Yukon, with legislation requiring all university/college campuses to be 100% smoke-free.
- The Canadian Cancer Society would like to acknowledge the many universities and colleges, as well as others, that have provided assistance in the preparation of this report.

Additional resources

- National toll-free quitline number, 866-366-3667
- [Break It Off](#) – Smoke-free campaign focusing on young adults
- gosmokefree.gc.ca/quit – Portal for provincial cessation websites
- [Leave The Pack Behind](#) – Initiative supporting Ontario campuses to be 100% smoke-free
- smokefreecampus.ca – Resources on creating a smoke-free campus